

What to take to Washington

Appropriate school dress is required. All clothes must be in accordance with our school dress code. No holes or baggy jeans. . . jeans must be worn at the waist at all times. Be sure to wear comfortable shoes. We will be walking a lot. Remember, you are representing Northmont Middle School.

Suggested items to bring:

4 pairs of socks
4 sets of underwear
sweatshirt/s
sweater/s
pajamas
2 pairs casual pants
2 pairs shorts - weather may warm-up
appropriate tops
jacket
belt
rain gear/poncho
tennis shoes - 2 pairs, in case one pair gets wet
swim suit

Personal items:

shampoo	toothbrush/toothpaste
deodorant	comb/brush
hair dryer	eye/contact care products
water bottle	feminine hygiene products
curling iron	sun block
WATCH	back pack
sunglasses	disposable camera
pens and pencils	small spiral notebook
15 pages of loose leaf notebook paper	
blanket and pillow (for bus)	
book or other reading materials	
plastic bag/s for dirty laundry and/or to protect toiletries from spilling into luggage.	

Snacks, etc.: You may have snacks, candy, cookies, etc. on the bus; however, you may not have any beverages.

Hats: You will be asked to remove your hat in any building that we enter. All hats must be worn forward. In other words, unless you are willing to comply, without complaining, leave your hat at home.

No scooters, skateboards, DVD players, Nintendo, Sega's, etc....or any other contraband outlawed in the code of conduct. This is a school trip and subject to the school rules! *

*Exceptions: - students are permitted to bring cell phones to use only at food stops and at the hotel

- iPods/MP3, headsets, and GameBoys may be used to and from DC, but NOT while we are touring.

Spending money:

1. If a student chooses to bring money, \$40 to \$60 is suggested, to minimize possible losses. This amount should be enough for souvenirs and any other possible food items that are not included in the cost of the trip.
2. Money, wallets and purses are the sole responsibility of the owner. Chaperones will not carry money for students.

Cameras:

1. An inexpensive or disposable camera is recommended. You will need a flash in order to take pictures inside.
2. Know how to operate the camera **before** the trip. Chaperones do not know how to work every camera.
3. Film and flashes should be purchased and loaded **before** the trip. Buy all the film you think you will need **before** leaving. **Film in DC is very expensive!!**
4. Students are responsible for their own cameras.
5. You must have your name clearly marked on your camera.

Valuables:

1. Be safe and practical - leave ALL valuables at home, including good watches, jewelry, expensive cameras, etc.
2. Northmont Middle School, World Stride Tours and trip chaperones can not accept financial responsibility for lost or stolen items.
3. Students are responsible for everything they have with them and for what they purchase.
4. Each time students leave the bus, they are responsible for all of their belongings, including: back packs, wallets, cameras, packages, etc.

Medicine:

1. All prescription medicine requires the school's medication form signed by a doctor and the medicine in its original container, in a zip lock bag, clearly marked with the student's name.
2. Students are permitted to carry their own inhalers and epipens, but chaperones will keep all medication on the bus while touring and in their rooms at the hotel.